

B21 Gazette – The place we all belong

MY GRANDPA RECEIVES THE ORDER OF CANADA - SABRINA

On May 6th, 2022, my Grandfather Derek Lister received the Order of Canada for Expertise in Water Chemistry and Corrosion which



significantly impacts the operation of power plants. He is best known for his contributions to nuclear energy research and



improvements to occupational safety. The award was presented during a ceremony at Rideau Hall, which is where the Governor General lives.

The award was presented to him by the Governor General. Grandpa was allowed to invite three family members to go to the ceremony and he invited three of his grandchildren, one of them being me!

My Aunt drove us there. We had to be there for around 930 and at the front of Rideau Hall there were soldiers of the Governor General's

Footguard. We had to arrive before the ceremony started, so that we could be seated in the Ballroom before everything could start.



We were the first ones to arrive, so I got to sit in the second row, right behind Grandpa. There we many people receiving the Order of Canada and

my grandpa's award was presented towards the end of the ceremony. Which meant we stayed in the Ballroom for an hour or more.

Once everyone had received their award, we moved to a fancy room where they served us a lunch of Cheese, Cracker and Fruit, as well as dessert. Once the lunch was over, we were given a tour of Rideau Hall, during our tour I saw a painting of the Queen. They showed us the room where Prince Charles would have been at the Ball, he attended a couple weeks later.

I'm really proud of my grandpa for receiving this award and happy that I was one of the ones who were able to go.



If you would like to see the video of the award ceremony, you can see it on YouTube called Order of Canada Investiture.

My Brother's Wedding

– Alex

On May 21,2022 my brother Andrew got married to his girlfriend Laura. The wedding was held in the church in St Andrews West.

My nephew Will was the Ring Bearer, and my niece Leah was the Flower Girl. The reception was held at the Berry Farm in the coverall. I was allowed to make the toast to the Bride and Groom at the end of the dinner.

This was my speech

"Hi everyone, my name is Alex. Andrew is my brother. He is actually my favourite brother. (ha ha). Laura is now my sister-in-law. Love you guys.

Let's raise our glass to them!

Cheers!!"

May 21, 2022, will be remembered for a very long time, not only because it was the day my brother and sister-in-law got married but at 3 pm, the same time the wedding was starting, the storm was hitting the Ottawa area. The storm was one of the worst storms in history. The Berry Farm is less than 100 km from the places hit by the storm, but we didn't get any bad weather at all. It was the perfect day.



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Story of Dutch Princess and Canadian Tulip Festival- Matt V.

During the second World War, when The Netherlands was occupied, Princess Juliana and her family escaped to Great Britain, after being there for one month for their safety, the Princess and her two daughters moved temporarily to Ottawa, Canada, while her husband Prince Bernhard stayed behind to join resistance forces. On January 19, 1943, Princess Juliana gave birth to a girl in Ottawa Civic Hospital, who was named Margriet after a type of daisy that was worn by the members of the Dutch resistance at the time.

Dutch law says the future Queen or King must have been born on the Dutch land. To solve this issue, the Canadian officials declared the maternity ward of the Ottawa Civic Hospital to be a temporary part of the Dutch land. This act of kindness was so appreciated by the Dutch government and people that in 1945, when the war was over and Princess Juliana and her family had returned home, they sent 100,000 tulip bulbs to Canada as a token of appreciation—and they continue to do so to this date. This was the beginning of what we now know as the Tulip Festival. Officially made a festival in 1953, it has been held every May since, except for 2020 and 2021 during the Covid Pandemic. During these years it was held virtually.

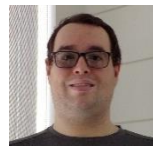
To celebrate the return of the Tulip Festival in person, in May 2022, Princess Margriet of the Netherlands and her husband, Pieter van Vollenhoven arrived in Ottawa, and will plant a bed of tulips at Stornoway. Stornoway, located in Ottawa's Rockcliffe area is where the Dutch Royal family lived during their time in Ottawa.



The couple visited many places during their visit. On May 14, Princess Margriet officially opened the Canadian Tulip Festival at Commissioners Park at Dow's Lake.

The royal visit will end on Monday, May 16, when the couple will visit the Canadian War Museum to lay a wreath in honour of Canadian who served during the war.

The Broadway Pleasers - Stephen



I've always loved to sing. I've been part of school choirs and was able to participate in the Kinsmen Music Festival at Aultsville Theatre with the choir. I also sang at the Christmas concert at Kinsmen Vincent/Massey School. In March 2020, Moe and I formed a group called The Broadway Pleasers. Our group recorded virtual shows at home, for a St. Patrick's Day

performance in 2021. In our performance Moe and I sang the songs called "Danny Boy", "McNamara's Band" and, "When Irish Eyes are Smiling". During my performance at home, I wore a green sweater and jeans. The audience that we performed for was family, friends, and senior citizens.

Our group also performed other virtual concerts from home like on Broadway in New York City.

During the Arts in the Park Festival, the Broadway Pleasers performed at the Cornwall Lions Club Bandshell located at Lamoureux Park. We also performed at the Kinsmen Amphitheatre in Prescott. Last year, I did a singalong with the senior citizens at Sandfield Place. Later this year, we will be performing at the Christmas concert in December 2022.

Birthdays

May

May 1st Dylan
May 4th Andy
May 5th Doug
May 27th Emma

June

June 5th Jean
June 7th Aaron
June 10th Melissa
June 12th Reva
June 13th Mylene

July

July 1st Gerry

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July 6th Paskale
July 8th Emily (staff)
July 10th Chad
July 11th Alan
July 18th Kathleen (staff)
July 20th Angela (staff)
July 22nd Kevin
July 29th Bella
July 29th Hayley (staff)
July 31st Matt F

Cornwall and Area Events

Cornwall Kinsmen Farmers' Market

Open Sundays from 11am- 3pm at St. Lawrence College.

Cornwall Ribfest

From Thursday July 21st to July 24th at Lamoureux park.

Glengarry Highland Games

On July 29th and July 30th.

<https://glengarryhighlandgames.com/>

Weekly Races at Cornwall Motor Speedway

At Cornwall Motor Speedway on Sunday nights. Reserve tickets online. General admission opens at 5pm and racing begins at 6:30pm.

<https://cornwallspeedway.com/>

Poutine Feast

From Thursday August 4th to Sunday August 7th. Free admission.

Williamstown Fair

August 5th, 6th, and 7th at the Williamstown Fairground.

<https://williamstownfair.ca/>

Cornwall Waterfest

On Saturday August 13th at the Cornwall Canal. Cornwall's annual Waterfest dragon boat races.

Glengarry Honey Fair

On Saturday August 13th from 10am- 4pm at the Glengarry Pioneer Museum. See honey producers, guest speakers, demonstrations, a garden tour, and hands-on activities such as candle making. Learn about honey bees and other pollinators and how far back this industry goes in this region and Canada.

Cornwall Chaos

Cornwall Chaos is happy to announce an all day, outdoor, free concert down at the Cornwall Lions Club Bandshell. This event will showcase acts from Cornwall, Montreal and Ottawa while accepting donations for Cornwall's Hospice. Come down to donate to help Hospice continue the amazing work they do.

Schedule

(Subject to change)

9:45 – 10:30 Erebos

8:45 – 9:30 Salem Trials

7:45 – 8:30 Sunset Hate

6:45 – 7:30 Don't Tell Sara

5:45 – 6:30 .norescue.

5:00 – 5:30 HellRager

4:15 – 4:45 Spades Gt
3:15 – 4:00 J D Howard
2:15 – 3:00 Le Revenant
1:30 – 2:00 HomeSick
12:45 – 1:15 Radium Moon
12:00 – 12:30 TruthTeller
Times are approximate

Artisans in the Park

On Sunday the 14th of August, from 10am- 4pm at the Lost Villages Museum will host Artisans in the Park. The special event by We 3 Girls & Co. will see a variety of vendors, artisans and exhibitors scattered throughout the museum grounds selling their one-of-a-kind creations.

Cornwall Triathlon

On Sunday August 21st at Heritage School.

Art Walk

On Friday August 26th from 4pm- 8pm downtown Cornwall. Head to Downtown Cornwall for a celebration of the arts. The city's main street will be bustling with local artists, buskers, live music and more!

Tribute to George Strait

August 27th

Royal Canadian Legion

Advanced tickets 25.00 at the door 30.00

For more information contact Francine Racine at 613-930-2787 ext 2157 or fracine@cornwall.ca

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Until we meet again - Todd

Have you ever met someone and had an instant connection with them? Like you've known them your whole life? Same interest? Same likes? Laugh at the same jokes? I have and his name is Hunter. I met Hunter 7 years ago when he first joined Beyond 21. Right away we were friends. We talked about our favorite movies, actors and actresses and hobbies. Over the years we saw many movies together. We even developed our own secret handshake, but I can't tell you what it is! (it's a handshake from a movie we saw together). A few months ago, Hunter's family announced that they were moving to PEI. With the help from staff and participants we held a surprise going away party for Hunter on June 14. Since Hunter is a huge movie buff and knows everything about the movies, the party was themed "A Day at the Oscars".

Staff and participants worked on decorating and making handmade invitations. We had posters, paparazzi, a red-carpet entrance, professional photos taken, a movie themed cake, life size Oscar statues and everyone dressed in suits, ties and dresses. It was such a fun party! The perfect going away party for Hunter. Hunter was a dear friend to everyone at Beyond 21. Hunter is one of a kind. I can still hear him saying "more cowbell" in his Christopher Walken voice!



I will miss Hunter. Everyone at Beyond 21 will miss Hunter. Thanks to technology, Hunter will be video calling his friends when he gets settled into his new home. Here is a speech I gave to Hunter at his party.

"Hunter, you are a true friend! I really enjoyed our time together going to the movies and talking about film reviews. I will miss your smile and your laughter, but I will hold dear in my heart our secret handshake. I truly hope you find joy out east, just remember there are lobsters that may try to bite your toes. I look forward to keeping in touch through FaceTime. We are both men of few words, but your heart is as big as the ocean."



Until we meet again!

Horoscopes

July 2022 Gemini Horoscope - Next Month's Gemini Horoscope

General

The month of July is going to be favourable for the natives of the Gemini zodiac sign. Those who are in service will get promotions due to the presence of Mercury with Sun in its own sign and the unemployed natives will also get a job. The students will be benefited due to the presence of Venus in the twelfth house and especially, those aspiring for higher studies will achieve success. In this month, the family atmosphere will be pleasant and you will have support from your brothers due to the aspect of Mars on the second house. However, some misunderstandings may crop up in your love life due to the presence of Ketu in the fifth house. The financial position will remain stable this month due to the conjunction of Sun and Mercury in the first house. However, the presence of Mars with Rahu can cause health problems. Now, we are trying to cover all the aspects in detail comprising all the favourable and unfavourable outcomes of July 2022.

July 2022 Cancer Horoscope - Next Month's Cancer Horoscope

The month is going to bring mixed results for the natives of the Cancer zodiac sign. Those who are in service will confront more challenges because of the conjunction of Mars and Rahu in the tenth house. The period is going to be

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suitable for the students as the aspect of Jupiter will be on the fifth house. Students will achieve success in the field of education due to the presence of Venus in the fifth house. There will remain positive vibes in the family. Good understanding will be observed among family members due to the presence of the Sun, the ruling lord of the second house, in the twelfth house. However, certain differences may take place between lovers. There is a great possibility of stress due to the presence of Rahu with Mars in its own zodiac sign. During this time, your financial position will remain strong, and you may get money from secret sources because of the presence of Sun with Mercury in the twelfth house. You will also gain money from foreign sources. So far health is concerned, the month is going to be favourable. Problems will stay away from you on account of the complete aspect of Sun and Mercury on the sixth house.

National Indigenous Peoples Day - Austin

June 21st is National Indigenous Peoples Day. This is a day for all Canadians to recognize and celebrate this unique heritage, diverse cultures and outstanding contributions of First Nations, Inuit and Métis peoples. The Canadian Constitution recognizes these three groups as Aboriginal peoples, also known as Indigenous peoples.

Pow Wow is one of Austin's favourite



things. To honour National Indigenous Peoples Day, Austin has chosen some of his favourite photos from the Pre-Covid Akwesasne Pow Wow.



My Community Job- Emma

Hi, my name is Emma, and I would like to talk about my weekly schedule. I go to Beyond 21 three days a week. I get to socialize with my friends. My favourite thing is going to the gym and exercising. We also have lunch and I hang out with my Beyond 21 friends. Now we started to have coffee, tea or hot chocolate after lunch and I love my hot chocolate, which gives us time to chat more in groups.

I also have a job at Shoppers Drug Mart in Alexandria. I was hired four years ago, however because of Covid-19, I had to stop working to protect myself from the possibility of contracting the virus. I was recently able to return to work at Shoppers and everyone made me feel welcome to be back, especially my manager Dave!

My position at Shoppers is to complete a task called 'facing'. Facing includes bringing the items on the shelves closer to the edge so people don't have to reach to the back of the shelves to retrieve their items. It makes it quicker and easier for customers to get what they want while keeping the store looking nice and organized.

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Other tasks that I am responsible for are organizing items on the shelves and making sure misplaced merchandise is returned to where it belongs.

The part of my job that I enjoy the most is socializing with customers. One of my favourite things to do is wave and greet people; I love to see them smile! Often customers will stop to chat with me about my jewelry or listen while I tell them how much I love my job.

My job makes me feel important! My manager, Dave and the staff always make me feel part of the team. I look forward to going to work with such a great team!

I would like to give a special thank you, to my manager, Dave for providing me with the opportunity to work in my community. Also, thank you to everyone who has helped me acquire my job that I love so very much!



If you come to Shoppers Drug Mart in Alexandria on Tuesday and Thursday mornings around 9:00 a.m., you will see me there!

Once I finish work, my support worker, Susanne takes me out for lunch. I get so excited, and I light up because I love going to the Pizzeria. One of my favourite dishes to eat at the Pizzeria is poutine. On Tuesdays I like to order chicken

fingers, pizza, or wonton soup with a side of fries. On Thursdays however, I always order poutine!

My job at Shoppers has helped to bring more purpose to my life. I love giving back to my community and helping where help is needed. Thank you, Shoppers Drug Mart, for the opportunity to live my life as an independent woman!



Meet Chad

My name is Chad. I recently joined Beyond 21. I have heard many great things about Beyond 21 and now I know for sure this is really a great place. Since joining I have made many great friends and done things I never knew I could do. I am fitting in very well as everyone here makes me feel very welcome, just like family. I am enjoying the photography program very much. I am also part of the baseball team here. It is very fun; I enjoy my days here and when I go home, I have lots of things to tell my mom about how much fun I have.



A Day at the Oscars

In June, we said farewell to our friend Hunter when his family relocated to the East Coast of Canada. Hunter was our man for the Oscars.

Anyone who knew Hunter knew not to expect him at the Hub on the morning after the Oscars, since he'd be up that night until the last credit rolled. Hunter being so passionate about the Oscars and all things movie, we decided what better send off than "A Day at the Oscars", here are a few highlights from the day.



Cake 😊

Valet Service for the arriving guests.



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Photography at Beyond 21

A group of Participants sat together and reviewed 50 photos that had been taken. The job was to narrow the number down to 10. It was a very difficult task, but we got it to 11. Those 11 photos were posted for everyone to see, and each person was given the opportunity to vote by secret ballot. When voting closed, another group sat to sort and count the votes.



First, second and third place photos are as follows

1st Place by Dylan



2nd Place by Gerry



3rd Place also by Gerry



Jeff's Story



Hi, my name is Jeff and I have cerebral palsy. I am new to Beyond 21. I enjoy cooking, arts and crafts and I like to listen to rock music.

Beyond 21 is the best thing that has ever happened to me. I'm really glad to be here. The people here have been like a second family to me.

I'd like to share a personal story with you, of an occurrence that tells you how people misunderstand my disability. I went to the dollar store to pick up some stuff. When I was wheeling down the aisle a child asked her mother why I was in a wheelchair? When the mother answered she used a not so nice word. The "R" word is what she called me. That word really hurt my feelings that day. When I got back in my van I started crying. I really suggest if you have an experience like this one, talk to someone. It is important to not bottle things up. If something is bothering you, tell someone you trust. I was able to talk about it with my worker which made me feel a bit better about it. I am telling you this because people need to be educated. Just because I'm in a wheelchair doesn't mean I don't understand what you're saying!! I have feelings too, just like anyone else.

GERRY'S REVIEW OF OUR BENSON CENTRE "JAYS CARE" CELEBRATION

Having been part of the "Jays Care" program for several months, we were able to celebrate our

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achievements on Wednesday, July 13th, 2022, thanks to the “Blue Jays”.

It was a very, very, fun day!!

Arriving to see all my friends together and to know that we had a full day of fun ahead was very exciting. The size of the space we had was so big that it was fun to run around in it.

We started the day with our stretches and exercises that will hopefully prevent injuries when we play.

We practiced our cheers of “Thank you Blue Jays, thank you” and “Beyond 21, fun, fun, fun. We all sang “Take me out to the ball game” and used our kazoos the second time around instead of singing. Fun! Then Stephen led us in singing “O Canada” and it was really nice. He has a great voice.

Skills were practiced such as catching balls, running laps and playing “Defender dodgeball”.

Our lunch came earlier than expected but Sarina handled the pressure like a pro and set the tables and got food ready to serve. We ate hot dogs and French fries from “Billy K’s” and had pop or water to drink. We finished it all off with a beautiful cake from “Cakes and More” with Blue Jay’s logo on it. There was a vanilla side and a chocolate side. It was tasty.

After lunch and socializing, we got serious and practiced playing for the upcoming game. We had an amazing cheerleading team led by Jocelyn and she was on fire!!!

Around 1 pm, some parents and family members started arriving to watch us play and cheer us on. We eventually played a game against them, and

it was so much fun. We are not sure who won the game, but we all left feeling like winners. We ended the day with a group picture with our new banner from Jays Care.

We all went home feeling great, a little tired but happy and smiling. Just wanting to tell someone all about it.

This was our first outing since 2020, it was funded by the Blue Jays and was greatly appreciated. We are looking forward to doing it again someday!!!



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Meet Tyler

Hi, my name is Tyler, I would like to tell you about myself and share my story with everyone. I work at Shoppers Drug Mart, and I am responsible for stocking the shelves and carrying boxes. I am a 2021 graduate of the CICE program at St. Lawrence College, where I studied General Arts and Science. I graduated on the Dean's List. I really enjoyed my time studying at St. Lawrence College. I am very artistic and enjoy painting. Last month, I was pleased to become a participant at Beyond 21. I want to improve myself and to be an advocate for myself. I have met new people and have made new friends. For example, my friends Matt, Sabrina, and Robyn. We do lots of activities together like doing arts and crafts, going to the gym and I participate in the "hear my voice" group. I am proud to be a participant of Beyond 21, it makes me feel so important to be a part of the organization. The staff at Beyond 21 are wonderful, hardworking people. I am often misunderstood because I have down syndrome, my disability does not stop me from doing anything I want to do if I want to do it badly enough. I am a strong advocate for people with all disabilities. Growing up with down syndrome as helped me become an advocate for those with disabilities.



The Queen's Platinum Jubilee 2022

In a previous addition of the Newspaper, we talked about the Pudding competition being held for the Queen's Jubilee. The word pudding in the UK refers to any type of dessert.

A 31-year-old copywriter's seven-layer lemon Swiss roll and amaretti trifle beat 5,000 desserts in a U.K.-wide competition to become the official pudding.

"This particular trifle is a tribute to three women: it's my Gran, my Nan and the Queen herself," she said. "My grandma taught me to bake, she taught me all the elements, everything from scratch. My Nan's signature dish was always a trifle; we used to call her the queen of trifles. And the Queen had lemon posset at her wedding."

The contest was announced in January as Jubilee organizers sought to find a modern-day counterpart to coronation chicken, the combination of cold poultry, mayonnaise and curry powder created for festivities on the day in 1953 when Elizabeth was crowned.

Britain will serve Jemma Melvin's sunshine bright, sweet and sour concoction topped with whipped cream and crumbled cookies at neighborhood parties and backyard teas as part of the June 2-5 celebrations to mark Queen Elizabeth II's 70 years on the throne. Melvin's trifle defeated four other finalists: a passionfruit and thyme frangipane tart; Queen Elizabeth sponge cake, including a layer of jam made with the monarch's favorite Dubonnet wine; a rose falooda cake incorporating the flavors of a traditional Indian dessert; and a "four nations" pudding featuring ingredients from around the country.

If you'd like to try making the winning pudding, the link is listed below.

[jemmas-lemon-swiss-roll-amaretti-trifle-winner-2.pdf \(fortunandmason.com\)](https://www.fortunandmason.com/jemmas-lemon-swiss-roll-amaretti-trifle-winner-2.pdf)

