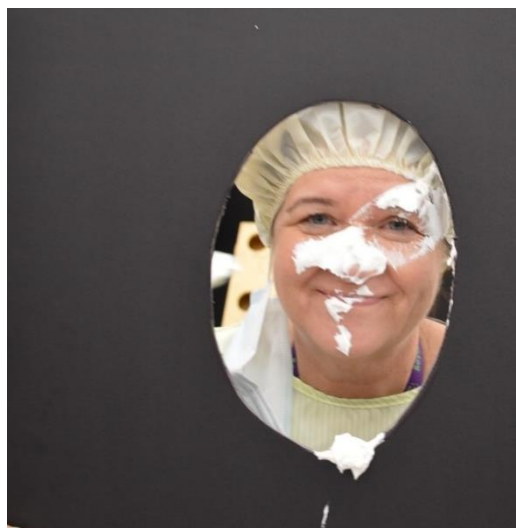

**BEYOND 21'S
EXECUTIVE
DIRECTOR TAKES
ONE FOR THE
TEAM**



In true Carnival Spirit,
Beyond 21's Executive
Director, Donna

MacGillivray stepped up to the plate and volunteered to be the first person to have a pie thrown at her. The first person to throw a pie was Katrina Erb. Her first throw was smooth, and she hit her target perfectly. Her second throw was also a success and she left Donna covered in whipped cream. Thank you to Donna for being such a good sport.

DON'T LIMIT ME

BY TODD

DON'T LIMIT ME

BY TODD

For many people who meet me for the 1st time, all you might see is my Tracheotomy (a tube in my neck that allows me to breath), my weak left side, my walker and my big smile. Soon after you'll understand that I don't speak. Many also think that I don't understand what they are saying or they talk down to me like I am little kid. My name is Todd and I'm one awesome guy. I'm writing today to set the record straight. I want people to know that I fully understand everything that is being said to me. I understand many types of languages, I use sign language and my iPad to speak. It hurts my feelings when

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someone comments on my Trach. I know it's there; I know what it looks like. I see it every day.

I want people to know that I love talking to my friends using the Proloquo2Go app on my iPad. "Handsome William" is the name of the voice that I use. My iPad allows me to communicate with my friends but also important medical needs to my nursing staff. I primarily use my walker and at times my wheelchair. I love playing soccer baseball, going for walks, boat rides, Beyond 21 and watching the entire Fast and Furious movie franchise. Can you believe I even bowl! With the use of a ball ramp and my support worker I get a few strikes!

My name is Todd. Don't limit me. Come say Hi! You'll be surprised.

DON'T LIMIT ME Pt 2

By Isabella

I was born in October of 1999. I arrived 2 months early and was born with Bardet Beetle Syndrome. Diagnosed with Bardet Beetle Syndrome caused me to be born with High Blood Pressure, problems with my

kidneys and 6 toes on each feet. One toe one each foot was removed when I was six months old. I was also born with Nystagness which means I used my left eye more then my right. Having Bardet Beetle Syndrome also means I never feel full, no matter how much I eat. I wore glasses until grade 10, when I had surgery to help my vision, but instead of making it better, two months after surgery, I went blind in the right eye. Since then I only see light and shadow from that eye.

While I was still being seen at CHEO I had to go every year for an Ultrasound of my Kidneys.

In 2011, when I was almost 12, I left my family to attend a school for the visually impaired and blind, in Brantford, ON. The name of my school is W. Ross

McDonald. This was the only school available for blind and visually impaired people to get a good education. It is the only school that makes all the accommodations needed for education and independence. At W. Ross McDonald they taught me Cane Skills, Life Skills, Independent skills all with all the other classes that most people will take in school.

I have learned to play Global Global which is a sport for visual impaired people. Both sighted and blind people are blindfolded to make the game fair. It's very much like bowling.

ANIME

By JOCELYN



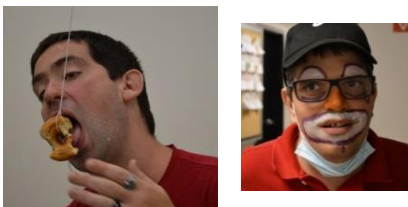
When I'm having a bad day, I like to watch Dragon Ball Z or Dragon Ball Super. Dragon Ball Super is my favourite; it has lots of fighting between characters. My favourite characters are Goku and Vegeta.

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Cont'd The Story of Dragon Ball Super and Dragon Ball Z

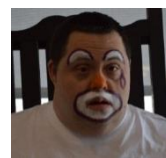
After waking up from years of slumber, Beerus, the God of Destruction wants to defeat Goku, the Super Saiyan God, whom he had seen in his sleep. Goku fights with him to save earth. That is how Dragon Ball super started. Dragon Ball Z follows the adventures of Goku who, along with the Z warriors, defends the Earth against evil. Dragon Ball Z teaches valuable characters to use teamwork, loyalty and trust. My favourite is Dragon Ball Super because it has tournaments at the end where everyone fights at the same time in the Battle Royale, and I think it's very cool.

SUMMER CARNIVAL



...AUGUST 10TH AND 11TH

During the 2nd week of August we help a Summer Carnival to celebrate the end of lockdown and returning to Beyond 21. It was really hot that week, so we had to move many activities indoors. Some of the things we did were: Hole in One, Fish Pond, Pie in the Face, Toilet Paper Toss, Javelin Throw, Bean bag toss And of course, water balloons We also enjoyed Face painting, animal balloons, Henna, Cotton Candy, Popcorn and Donuts.



SEPTEMBER BIRTHDAYS

Friends with Birthdays in September

September 5th – Tyler
September 17th -Alex

October

October 8th – Matt V
October 9th – Shelby



**THANKSGIVING
2021 WILL BE CELEBRATED ON MONDAY,
OCTOBER 11TH. BEYOND 21 WILL BE
CLOSED THAT DAYS**

Every October Canadian Families gather on the 2nd Monday of October to celebrate Thanksgiving. Food usually play a big role in Thanksgiving. Family will prepare things the same way generation after generation

Some Beyond 21 family traditions are:

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Have turkey, stuffing, potatoes, vegetables and gravy.
 Every year the same person usually carves the turkey.
 Some families will make their own bread.
 And of course, the pie!
 Everybody gathers at Grandma's, the ladies stay in the house cooking and the men go to the shop to smoke and drink
 Friends that live alone will join families.
 Go to the church.
 Be good to one another Some people go for drives or walk see the colour of the leaves.
 Place name cards of all the people on the table
 Birthday celebrations.
 And most of all Give Thanks

We asked our friends, what does Thanksgiving mean to you?

*Spending time with family
 All the pies*

*Celebrate with Jen & Joe
 Opening our home to others
 Showing that I'm grateful for all I have.
 I eat a Big Bird
 My brother comes to visit (not during Covid)
 My neighbour visits*

Jays Care Blue Jays Foundation – Challenger Baseball

Challenger Baseball is Jays Care's adaptive baseball program, run in partnership with Little League Canada and Baseball Canada, specifically designed to empower children, youth and adults living with physical and/or cognitive disabilities.

The program teamwork, communication, determination, resiliency, inclusion, support and courage. Challenger Baseball ensures every athlete has the opportunity to play in a fun and safe environment



where they learn to become more



independent, build confidence, improve their communication skills, and set and achieve their own personal goals. Beyond 21 has been selected to participate in Challenger Baseball



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HUNTER'S FAVORITE PICKS

Hunter's current recommendations for must see movies are

- 1. Jungle Cruise** – starring Duane Johnston & Emily Blunt – released July 30th 2021
Dr. Lily Houghtop enlists the aid of wisecracking skipper Frank Wolff to take her down the Amazon in his ramshackle boat. Together, they search for an ancient tree that holds the power to heal.
- 2 Respect**, is my second choice this month because I really loved the music and Jennifer Hudson's portrayal of Aretha Franklin
- 3 F9 The Fast Saga:** Directed by Justin Lin. With Vin Diesel, Michelle Rodriguez, Jordana Brewster, Tyrese Gibson. Dom and the crew must take on an international terrorist who turns out to be Dom and Mia's estranged brother.
- 4 The Suicide Squad** the Suicide Squad is a 2021 American superhero film based on DC Comics featuring the team Suicide Squad. Produced by DC Films,

Atlas Entertainment, and The Safran Company, and distributed by Warner Bros. Pictures, it is a standalone sequel to Suicide Squad (2016) and the tenth film in the DC Extended Universe (DCEU). It was written and directed by James Gunn and stars an ensemble cast including Margot Robbie, Idris Elba, John Cena, Joel Kinnaman, Sylvester Stallone, Viola Davis, David Dastmalchian,

- 5 Free Guy** Directed by Shawn Levy. With Ryan Reynolds, Jodie Comer, Lil Rel Howery, Joe Keery. A bank teller discovers that he's actually an NPC inside a brutal, open world video game.

WHO SAID IT?

BY PASKALE

1. Good Grief!
2. Better out than in, I always say!
3. There's no place like home!
4. Silly Old Bear
5. Merry Christmas, One and All

Charlie Brown, Shrek, Dorothy(Wizard of Oz), Christopher Robin, Grinch

THE ROYALS BY SHELBY DIANA, PRINCESS OF WALES WHO WAS DIANA, YOU ASK?

By Shelby

She was born Lady Diana Spencer on July 1st 1961. Diana was born into the British nobility and grew up close the Royal Family on their



Sandringham Estate. She was the fourth child of John Spencer, Viscount of Althorp and Frances Shane Kydd Viscountess of Althorp. Diana was baptized on August 30, 1961, at St. Mary's Magdalene Church, Sandringham. She grew up with three siblings Sarah, Jane and Charles. Her infant brother John, died shortly after his birth one year before Diana was born. Her parents were hoping for a boy to carry on the family line. She became known as Lady Diana, after her father inherited the title Earl Spencer in 1975. At which point her father moved the entire family from Park House to

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Althorp, The Spencer seat in Northamptonshire. Diana was the Princess of Wales, was the first wife of Charles, Prince of Wales and mother to William and Harry. On November 5th 1981 Diana's first pregnancy was announced. On June 21st, 1982 Diana gave birth to the couple's first child William. She subsequently suffered from postpartum depression after her first pregnancy. Against advice she decided to take William, who was still a baby, on her first major tour to Australia and New Zealand and the decision was popularly applauded. A second son Harry was born on September 15th, 1984, Diana felt she and Charles were closest during her pregnancy with Harry, she was aware their second child was a boy, but did not share the knowledge with anyone including Charles. Diana gave her sons wider experiences than was usual for royal children. She rarely told Charles and the Royal Family and was often not willing to bend when it came to the children. She chose their first given names, dismissed the Royal Family nanny and hired one of her own. Selected their schools and clothing, planned their outings and took them to

school herself as often as her schedule permitted. She also organized her public duties around their timetables. On August 31st 1997, Diana died in a car crash in the Pont de l'Alma tunnel in Paris, while the driver was fleeing photographers. The crash also resulted in the deaths of her partner Dodi Fayed and the driver Henri Paul who was acting security manager of the Hotel Ritz, Paris. Dodi's bodyguard Trevor Rees Jones survived the crash. The

televised funeral on September 6th was watched by a British audience that peaked at 32.10 million which was one of the United Kingdom's highest viewing ratings ever. Millions more watched the event around the world. I admire how she did things her own way. I also admire how she volunteered with lots of charities.

The editing team were: Matt V., Jean, Sabrina, Isabella, Gerry, Alyson, Todd & Katrina.

Note: This is the 1st edition of the B21 Gazette. This paper is for the participants, about the participants and by the participants. The stories they want to share