

Community Based Safeguarding Project

Funded by the Safer and Vital Communities Grant



The Hub for Beyond 21 Foundation

Safeguarding Workshops Spring 2017 Delivery Schedule

1. Feeling Good About Myself

Wednesday, March 29, 2017

1pm-3pm

Participants will have an opportunity to learn and talk about self-confidence, resilience, and assertiveness in this critical workshop. Youth Now Canada specializes in helping young people succeed by building strengths and resiliency and are trained in working with young adults with developmental disabilities.

Presented by Youth Now Canada

www.youthnow.co

2. Let's Talk About Sex

Wednesday, April 5, 2017

1pm-3pm

Workshop participants will learn about developing sexuality and sexuality within healthy relationships. Participants will have an opportunity to ask questions from presenters who specialize in working with adults with developmental disabilities and the challenges faced during sexual development and relations.

Presented by SDG Developmental Services

www.developmentalservices.ca

3. Safe Relationships

Wednesday, April 12, 2017

1pm-3pm

Both men and women with developmental disabilities will benefit from attending this fundamental workshop, which will explore and define the concepts of sexual consent, boundaries, stalking and sexual abuse/assault. Workshop participants will be provided with information on how to recognize and report abuse.

Presented by Sexual Assault Support Services

www.sassforwomen.ca

4. Staying Tech Safe

Wednesday, April 19, 2017

1pm-3pm

This workshop, presented by the Cornwall Community Police Service, will address the topics of internet safety, cyber bullying and cellphone safety. Workshop participants will be provided with information on how to take precautions in interactions with others and how to protect themselves while traversing the online world.

Presented by the Cornwall Community Police Service
www.cornwallpolice.ca

5. Safe in My Community

Wednesday, April 26, 2017

1pm-3pm

Cornwall Community Police Service will offer an opportunity for participants to learn how to safeguard against coercion, manipulation, theft, personal robbery, and involvement in potentially illegal activity. Workshop participants will leave with a better understanding of how to stay safe and lead life as a valued citizen in the community while they work towards greater independence.

Presented by the Cornwall Community Police Service
www.cornwallpolice.ca

6. Safe in the Kitchen

Wednesday, May 3, 2017

1pm-3pm

The Hub for Beyond 21 Foundation will review procedures for working safely in the kitchen and in the home. Topics such as food safety, appliance safety and cooking safety will be reviewed to offer participants valuable tools for daily living.

Presented by The Hub for Beyond 21 Foundation
www.beyond21.org

7. Fire Safety

Wednesday, May 10, 2017

1pm-3pm

The Cornwall Fire Department will discuss and demonstrate smoke detector and fire extinguisher use, as well as help participants develop an emergency home evacuation plan. Workshop participants will gain valuable information to aid in becoming their own first line of defense.

Presented by the Cornwall Fire Department
www.cornwall.ca/en/fire/firedepartment.asp

Funding for this project provided by the Safer and Vital Communities Grant 2016.